

Lapin AM 2016 13.8.2016, Rovaniemi, Ounasvaaran Hihtoseura

[H21](#) [H25](#) [H40](#) [H45](#) [H50](#) [H55](#) [H60](#) [H65](#) [H70](#) [H75](#) [H76](#) [H78](#) [H79](#) [H81](#) [H82](#) [H83](#) [H84](#) [H85](#) [H86](#) [H87](#) [H88](#) [H89](#) [H90](#) [H91](#) [H92](#) [H93](#) [H94](#) [H95](#) [H96](#) [H97](#) [H98](#) [H99](#) [H100](#) [H101](#) [H102](#) [H103](#) [H104](#) [H105](#) [H106](#) [H107](#) [H108](#) [H109](#) [H110](#) [H111](#) [H112](#) [H113](#) [H114](#) [H115](#) [H116](#) [H117](#) [H118](#) [H119](#) [H120](#) [H121](#) [H122](#) [H123](#) [H124](#) [H125](#) [H126](#) [H127](#) [H128](#) [H129](#) [H130](#) [H131](#) [H132](#) [H133](#) [H134](#) [H135](#) [H136](#) [H137](#) [H138](#) [H139](#) [H140](#) [H141](#) [H142](#) [H143](#) [H144](#) [H145](#) [H146](#) [H147](#) [H148](#) [H149](#) [H150](#) [H151](#) [H152](#) [H153](#) [H154](#) [H155](#) [H156](#) [H157](#) [H158](#) [H159](#) [H160](#) [H161](#) [H162](#) [H163](#) [H164](#) [H165](#) [H166](#) [H167](#) [H168](#) [H169](#) [H170](#) [H171](#) [H172](#) [H173](#) [H174](#) [H175](#) [H176](#) [H177](#) [H178](#) [H179](#) [H180](#) [H181](#) [H182](#) [H183](#) [H184](#) [H185](#) [H186](#) [H187](#) [H188](#) [H189](#) [H190](#) [H191](#) [H192](#) [H193](#) [H194](#) [H195](#) [H196](#) [H197](#) [H198](#) [H199](#) [H200](#)

H21 8,19 km

	1.	(741 m)	2.	(347 m)	3.	(204 m)	4.	(280 m)	5.	(190 m)	6.	(522 m)	7.	(128 m)	8.	(320 m)	9.	(423 m)	10.	(323 m)	11.	(708 m)	12.	(297 m)	13.	(356 m)	14.	(176 m)	15.	(500 m)	16.	(86 m)	17.	(842 m)	18.	(361 m)	19.	(207 m)	20.	(648 m)	21.	(282 m)	22.	(190 m)	Tulos (min/km)																																																																																																																																																																																																																																																																																																																																																																																																																												
1.	Sami-Petteri Juopperi	PaIpo	1-03.44 1-03.44	1-05.44 3-02.00	1-06.46 1-01.02	1-08.12 4-01.26	1-09.30 2-01.18	1-10.30 2-02.36	1-11.06 2-00.40	1-12.46 1-01.30	1-17.03 3-02.47	1-18.33 1-01.30	1-23.10 4-04.37	1-25.08 7-01.59	1-27.33 1-02.25	1-31.21 2-01.18	1-32.51 1-02.30	1-38.15 2-04.45	1-42.31 1-01.36	1-44.25 2-01.01	1-46.25 1-03.15	1-50.08 4-01.54	1-52.08 1-02.30	1-56.55 4-02.46	1-58.55 1-01.25	2-03.48 2-01.18	2-05.38 1-02.30	2-10.55 5-01.55	2-12.55 1-02.46	2-18.15 5-01.25	2-20.15 1-02.30	2-24.55 4-02.41	2-26.55 1-02.30	2-32.45 5-01.55	2-34.45 1-02.30	2-40.35 5-01.55	2-42.35 1-02.30	2-48.25 5-01.55	2-50.25 1-02.30	2-56.15 5-01.55	2-58.15 1-02.30	3-04.05 5-01.55	3-06.05 1-02.30	3-11.95 5-01.55	3-13.95 1-02.30	3-19.85 5-01.55	3-21.85 1-02.30	3-27.75 5-01.55	3-29.75 1-02.30	3-35.65 5-01.55	3-37.65 1-02.30	3-43.55 5-01.55	3-45.55 1-02.30	3-51.45 5-01.55	3-53.45 1-02.30	4-00.00 5-01.55	4-02.00 1-02.30	4-07.90 5-01.55	4-09.90 1-02.30	4-15.80 5-01.55	4-17.80 1-02.30	4-23.70 5-01.55	4-25.70 1-02.30	4-31.60 5-01.55	4-33.60 1-02.30	4-39.50 5-01.55	4-41.50 1-02.30	4-47.40 5-01.55	4-49.40 1-02.30	4-55.30 5-01.55	4-57.30 1-02.30	5-03.20 5-01.55	5-05.20 1-02.30	5-11.10 5-01.55	5-13.10 1-02.30	5-19.00 5-01.55	5-21.00 1-02.30	5-26.90 5-01.55	5-28.90 1-02.30	5-34.80 5-01.55	5-36.80 1-02.30	5-42.70 5-01.55	5-44.70 1-02.30	5-50.60 5-01.55	5-52.60 1-02.30	5-58.50 5-01.55	5-60.50 1-02.30	6-06.40 5-01.55	6-08.40 1-02.30	6-14.30 5-01.55	6-16.30 1-02.30	6-22.20 5-01.55	6-24.20 1-02.30	6-30.10 5-01.55	6-32.10 1-02.30	6-38.00 5-01.55	6-40.00 1-02.30	6-45.90 5-01.55	6-47.90 1-02.30	6-53.80 5-01.55	6-55.80 1-02.30	7-01.70 5-01.55	7-03.70 1-02.30	7-09.60 5-01.55	7-11.60 1-02.30	7-17.50 5-01.55	7-19.50 1-02.30	7-25.40 5-01.55	7-27.40 1-02.30	7-33.30 5-01.55	7-35.30 1-02.30	7-41.20 5-01.55	7-43.20 1-02.30	7-49.10 5-01.55	7-51.10 1-02.30	7-57.00 5-01.55	7-59.00 1-02.30	8-04.90 5-01.55	8-06.90 1-02.30	8-12.80 5-01.55	8-14.80 1-02.30	8-20.70 5-01.55	8-22.70 1-02.30	8-28.60 5-01.55	8-30.60 1-02.30	8-36.50 5-01.55	8-38.50 1-02.30	8-44.40 5-01.55	8-46.40 1-02.30	8-52.30 5-01.55	8-54.30 1-02.30	9-00.20 5-01.55	9-02.20 1-02.30	9-08.10 5-01.55	9-10.10 1-02.30	9-16.00 5-01.55	9-18.00 1-02.30	9-23.90 5-01.55	9-25.90 1-02.30	9-31.80 5-01.55	9-33.80 1-02.30	9-39.70 5-01.55	9-41.70 1-02.30	9-47.60 5-01.55	9-49.60 1-02.30	9-55.50 5-01.55	9-57.50 1-02.30	10-03.40 5-01.55	10-05.40 1-02.30	10-11.30 5-01.55	10-13.30 1-02.30	10-19.20 5-01.55	10-21.20 1-02.30	10-27.10 5-01.55	10-29.10 1-02.30	10-35.00 5-01.55	10-37.00 1-02.30	10-42.90 5-01.55	10-44.90 1-02.30	10-50.80 5-01.55	10-52.80 1-02.30	10-58.70 5-01.55	11-00.70 1-02.30	11-06.60 5-01.55	11-08.60 1-02.30	11-14.50 5-01.55	11-16.50 1-02.30	11-22.40 5-01.55	11-24.40 1-02.30	11-30.30 5-01.55	11-32.30 1-02.30	11-38.20 5-01.55	11-40.20 1-02.30	11-46.10 5-01.55	11-48.10 1-02.30	11-54.00 5-01.55	11-56.00 1-02.30	12-01.90 5-01.55	12-03.90 1-02.30	12-09.80 5-01.55	12-11.80 1-02.30	12-17.70 5-01.55	12-19.70 1-02.30	12-25.60 5-01.55	12-27.60 1-02.30	12-33.50 5-01.55	12-35.50 1-02.30	12-41.40 5-01.55	12-43.40 1-02.30	12-49.30 5-01.55	12-51.30 1-02.30	12-57.20 5-01.55	12-59.20 1-02.30	13-05.10 5-01.55	13-07.10 1-02.30	13-13.00 5-01.55	13-15.00 1-02.30	13-20.90 5-01.55	13-22.90 1-02.30	13-28.80 5-01.55	13-30.80 1-02.30	13-36.70 5-01.55	13-38.70 1-02.30	13-44.60 5-01.55	13-46.60 1-02.30	13-52.50 5-01.55	13-54.50 1-02.30	14-00.40 5-01.55	14-02.40 1-02.30	14-08.30 5-01.55	14-10.30 1-02.30	14-16.20 5-01.55	14-18.20 1-02.30	14-24.10 5-01.55	14-26.10 1-02.30	14-32.00 5-01.55	14-34.00 1-02.30	14-39.90 5-01.55	14-41.90 1-02.30	14-47.80 5-01.55	14-49.80 1-02.30	14-55.70 5-01.55	14-57.70 1-02.30	15-03.60 5-01.55	15-05.60 1-02.30	15-11.50 5-01.55	15-13.50 1-02.30	15-19.40 5-01.55	15-21.40 1-02.30	15-27.30 5-01.55	15-29.30 1-02.30	15-35.20 5-01.55	15-37.20 1-02.30	15-43.10 5-01.55	15-45.10 1-02.30	15-51.00 5-01.55	15-53.00 1-02.30	15-58.90 5-01.55	16-00.90 1-02.30	16-06.80 5-01.55	16-08.80 1-02.30	16-14.70 5-01.55	16-16.70 1-02.30	16-22.60 5-01.55	16-24.60 1-02.30	16-30.50 5-01.55	16-32.50 1-02.30	16-38.40 5-01.55	16-40.40 1-02.30	16-46.30 5-01.55	16-48.30 1-02.30	16-54.20 5-01.55	16-56.20 1-02.30	17-02.10 5-01.55	17-04.10 1-02.30	17-10.00 5-01.55	17-12.00 1-02.30	17-17.90 5-01.55	17-19.90 1-02.30	17-25.80 5-01.55	17-27.80 1-02.30	17-33.70 5-01.55	17-35.70 1-02.30	17-41.60 5-01.55	17-43.60 1-02.30	17-49.50 5-01.55	17-51.50 1-02.30	17-57.40 5-01.55	17-59.40 1-02.30	18-05.30 5-01.55	18-07.30 1-02.30	18-13.20 5-01.55	18-15.20 1-02.30	18-21.10 5-01.55	18-23.10 1-02.30	18-29.00 5-01.55	18-31.00 1-02.30	18-36.90 5-01.55	18-38.90 1-02.30	18-44.80 5-01.55	18-46.80 1-02.30	18-52.70 5-01.55	18-54.70 1-02.30	19-00.60 5-01.55	19-02.60 1-02.30	19-08.50 5-01.55	19-10.50 1-02.30	19-16.40 5-01.55	19-18.40 1-02.30	19-24.30 5-01.55	19-26.30 1-02.30	19-32.20 5-01.55	19-34.20 1-02.30	19-40.10 5-01.55	19-42.10 1-02.30	19-48.00 5-01.55	19-50.00 1-02.30	19-55.90 5-01.55	19-57.90 1-02.30	20-03.80 5-01.55	20-05.80 1-02.30	20-11.70 5-01.55	20-13.70 1-02.30	20-19.60 5-01.55	20-21.60 1-02.30	20-27.50 5-01.55	20-29.50 1-02.30	20-35.40 5-01.55	20-37.40 1-02.30	20-43.30 5-01.55	20-45.30 1-02.30	20-51.20 5-01.55	20-53.20 1-02.30	20-59.10 5-01.55	21-01.10 1-02.30	21-07.00 5-01.55	21-09.00 1-02.30	21-14.90 5-01.55	21-16.90 1-02.30	21-22.80 5-01.55	21-24.80 1-02.30	21-30.70 5-01.55	21-32.70 1-02.30	21-38.60 5-01.55	21-40.60 1-02.30	21-46.50 5-01.55	21-48.50 1-02.30	21-54.40 5-01.55	21-56.40 1-02.30	22-02.30 5-01.55	22-04.30 1-02.30	22-10.20 5-01.55	22-12.20 1-02.30	22-18.10 5-01.55	22-20.10 1-02.30	22-26.00 5-01.55	22-28.00 1-02.30	22-33.90 5-01.55	22-35.90 1-02.30	22-41.80 5-01.55	22-43.80 1-02.30	22-49.70 5-01.55	22-51.70 1-02.30	22-57.60 5-01.55	22-59.60 1-02.30	23-05.50 5-01.55	23-07.50 1-02.30	23-13.40 5-01.55	23-15.40 1-02.30	23-21.30 5-01.55	23-23.30 1-02.30	23-29.20 5-01.55	23-31.20 1-02.30	23-37.10 5-01.55	23-39.10 1-02.30	23-45.00 5-01.55	23-47.00 1-02.30	23-52.90 5-01.55	23-54.90 1-02.30	24-00.80 5-01.55	24-02.80 1-02.30	24-08.70 5-01.55	24-10.70 1-02.30	24-16.60 5-01.55	24-18.60 1-02.30	24-24.50 5-01.55	24-26.50 1-02.30	24-32.40 5-01.55	24-34.40 1-02.30	24-40.30 5-01.55	24-42.30 1-02.30	24-48.20 5-01.55	24-50.20 1-02.30	24-56.10 5-01.55	24-58.10 1-02.30	25-04.00 5-01.55	25-06.00 1-02.30	25-11.90 5-01.55	25-13.90 1-02.30	25-19.80 5-01.55	25-21.80 1-02.30	25-27.70 5-01.55	25-29.70 1-02.30	25-35.60 5-01.55	25-37.60 1-02.30	25-43.50 5-01.55	25-45.50 1-02.30	25-51.40 5-01.55	25-53.40 1-02.30	25-59.30 5-01.55	26-01.30 1-02.30	26-07.20 5-01.55	26-09.20 1-02.30	26-15.10 5-01.55	26-17.10 1-02.30	26-23.00 5-01.55	26-25.00 1-02.30	26-30.90 5-01.55	26-32.90 1-02.30	26-38.80 5-01.55	26-40.80 1-02.30	26-46.70 5-01.55	26-48.70 1-02.30	26-54.60 5-01.55	26-56.60 1-02.30	27-02.50 5-01.55	27-04.50 1-02.30	27-10.40 5-01.55	27-12.40 1-02.30	27-18.30 5-01.55	27-20.30 1-02.30	27-26.20 5-01.55	27-28.20 1-02.30	27-34.10 5-01.55	27-36.10 1-02.30	27-42.00 5-01.55	27-44.00 1-02.30	27-49.90 5-01.55	27-51.90 1-02.30	27-57.80 5-01.55	27-59.80 1-02.30	28-05.70 5-01.55	28-07.70 1-02.30	28-13.60 5-01.55	28-15.60 1-02.30	28-21.50 5-01.55	28-23.50 1-02.30	28-29.40 5-01.55	28-31.40 1-02.30	28-37.30 5-01.55	28-39.30 1-02.30	28-45.20 5-01.55	28-47.20 1-02.30	28-53.10 5-01.55	28-55.10 1-02.30	29-01.00 5-01.55	29-03.00 1-02.30	29-08.90 5-01.55	29-10.90 1-02.30	29-16.80 5-01.55	29-18.80 1-02.30	29-24.70 5-01.55	29-26.70 1-02.30	29-32.60 5-01.55	29-34.60 1-02.30	29-40.50 5-01.55	29-42.50 1-02.30	29-48.40 5-01.55	29-50.40 1-02.30	29-56.30 5-01.55	29-58.30 1-02.30	30-04.20 5-01.55	30-06.20 1-02.30	30-12.10 5-01.55	30-14.10 1-02.30	30-20.00 5-01.55	30-22.00 1-02.3

2.	Sakari Sääskilähti	RPV	2-09.46 3-03.46	2-09.50 3-03.43	2-13.33 3-03.30	2-17.03 3-03.30	2-18.22 3-01.19	2-25.44 3-07.22	2-29.13 3-03.29	2-31.30 3-02.17	2-34.24 3-02.54	2-36.58 3-02.34	2-38.22 3-03.24	2-41.42 3-03.24	2-43.21 3-02.23	2-45.54 3-02.43	2-46.37 3-00.43	46.37	8.49	Sakari Sääskilähti
3.	Martti Anttila	OR	2-05.34 3-05.40	3-11.14 3-11.41	3-14.41 3-11.09	3-18.09 3-10.54	3-19.54 3-01.45	3-26.12 3-06.18	3-31.18 3-05.06	3-33.57 3-02.39	3-36.07 3-02.10	3-38.19 3-02.12	3-40.29 3-02.10	3-43.45 3-03.16	3-47.24 3-03.39	3-49.40 3-02.16	3-50.18 3-00.38	50.18	9.31	Martti Anttila
4.	Pentti Poikela	LapVe	4-11.00 4-11.00	4-17.27 4-06.27	4-24.48 4-07.21	4-30.14 4-05.26	4-33.15 4-03.01	4-44.39 4-11.24	4-51.13 4-06.34	4-55.49 4-04.36	4-11.00.00 4-04.11	4-11.05.06 4-05.06	4-11.07.49 4-02.43	4-11.14.20 4-06.31	4-11.17.32 3-03.12	4-11.22.14 4-04.42	4-11.23.16 4-01.02	1.23.16	15.46	Pentti Poikela
	Antti Valkangas	Iisu																	Keak.	Antti Valkangas

H65 4,37 km

			1. (533 m)	2. (310 m)	3. (420 m)	4. (344 m)	5. (177 m)	6. (649 m)	7. (236 m)	8. (328 m)	9. (207 m)	10. (290 m)	11. (403 m)	12. (223 m)	13. (190 m)	Tulos (min/km)					
1.	Timo Juujärvi	OR	2-04.40 2-02.52	2-07.32 2-03.16	2-10.48 2-02.47	2-13.55 2-02.47	2-15.03 4-01.28	1-20.26 1-01.53	1-22.19 1-01.53	1-24.43 1-02.24	1-26.27 3-01.44	1-28.43 1-02.16	1-32.06 1-03.24	1-34.24 1-02.18	1-35.06 1-00.42	35.06	8.01	Timo Juujärvi			
2.	Seppo Määttä	KemiJY	1-04.33 1-02.27	1-07.00 1-03.13	1-10.13 1-02.45	1-12.58 1-01.13	1-14.11 1-01.13	2-21.04 2-06.53	2-23.05 4-02.01	2-25.34 1-01.41	2-27.15 3-02.37	2-29.52 4-06.44	2-36.36 4-06.44	2-40.25 4-03.49	2-41.10 2-00.45	41.10	9.25	Seppo Määttä			
3.	Hannu Tiija	LapVe	3-05.22 3-05.22	4-08.53 4-03.31	4-12.57 4-04.04	3-16.09 4-03.12	3-17.30 3-01.21	3-25.16 4-07.46	3-27.16 4-01.22	3-29.58 4-02.42	3-31.41 2-01.43	3-34.30 4-02.49	3-38.34 3-04.04	3-40.54 4-03.20	3-41.46 3-00.32	41.46	9.33	Hannu Tiija			
4.	Paavo Holater	OR	3-08.32 3-08.32	5-18.27 5-04.05	5-18.27 3-03.50	5-19.15 3-02.48	5-20.33 4-01.18	5-23.09 5-11.29	5-23.59 2-02.00	5-26.35 3-02.36	5-28.26 4-01.51	5-28.26 2-02.30	4-43.09 4-03.08	4-43.09 3-03.08	4-48.01 4-00.54	48.01	10.59	Paavo Holater			
	Antero Karvinen	OR	4-05.34 4-05.34	3-08.45 3-03.11	3-12.55 5-04.10	4-16.12 5-03.17	4-18.46 5-02.34	4-26.02 3-07.16	4-28.32 5-02.30	4-31.38 5-03.06	4-33.37 5-01.59		0-43.00						Hyl.	Antero Karvinen	
	Sauli Sirikka	OR	6-37.17 6-04.21	6-41.38 6-04.21	6-48.53 6-07.15	6-54.55 6-06.02	6-58.57 6-04.02				0-1.27.38 5-04.46	0-1.32.24 5-09.42	0-1.42.06 5-09.42	0-1.47.24 5-05.18	0-1.48.35 5-01.11					Hyl.	Sauli Sirikka

H70 3,91 km

			1. (223 m)	2. (248 m)	3. (472 m)	4. (245 m)	5. (539 m)	6. (373 m)	7. (274 m)	8. (430 m)	9. (290 m)	10. (334 m)	11. (290 m)	12. (190 m)	Tulos (min/km)				
1.	Aako Harvala	OR	1-01.43 1-01.43	1-04.02 1-02.19	1-08.24 1-04.22	1-11.03 1-02.39	1-17.08 2-06.05	1-22.05 3-04.57	1-24.53 1-02.48	1-28.39 1-03.46	1-31.39 1-03.00	1-35.11 1-03.32	1-38.15 1-03.04	1-39.52 1-00.47	39.52	9.58	Aako Harvala		
2.	Pentti Merkkiniemi	OR	2-02.02 2-02.02	2-04.49 3-02.47	2-09.22 3-04.33	2-12.05 2-02.43	2-17.52 1-05.47	2-22.09 1-04.17	2-25.03 2-02.54	2-29.22 2-04.19	2-32.57 3-03.35	2-37.13 2-04.16	2-40.32 2-03.19	2-41.24 2-00.52	41.24	10.35	Pentti Merkkiniemi		
3.	Kalle Mattila	PosPy	3-04.41 3-04.41	3-07.24 2-02.43	3-11.52 2-04.28	3-14.35 2-02.43	3-21.58 3-07.23	3-26.23 2-04.25	3-29.55 3-03.32	3-34.31 3-04.36	3-37.56 2-03.25	3-42.17 3-04.21	3-45.42 3-03.25	3-46.39 3-00.57	46.39	11.55	Kalle Mattila		

H75 3,24 km

			1. (490 m)	2. (354 m)	3. (279 m)	4. (389 m)	5. (233 m)	6. (185 m)	7. (430 m)	8. (452 m)	9. (188 m)	10. (290 m)	11. (190 m)	Tulos (min/km)				
1.	Martti Varis	OR	1-05.53 1-05.53	1-07.47 1-01.54	1-11.28 1-03.41	1-16.57 1-05.29	1-20.19 1-03.22	1-22.49 1-02.30	1-27.53 1-05.04	1-33.13 1-05.20	1-35.37 1-02.24	1-39.25 1-03.48	1-40.18 1-00.53	40.18	12.26	Martti Varis		

H20 6,68 km

			1. (533 m)	2. (310 m)	3. (420 m)	4. (264 m)	5. (115 m)	6. (359 m)	7. (226 m)	8. (358 m)	9. (649 m)	10. (297 m)	11. (388 m)	12. (500 m)	13. (512 m)	14. (361 m)	15. (207 m)	16. (354 m)	17. (289 m)	18. (290 m)	19. (190 m)	Tulos (min/km)			
1.	Tuomas Oikarinen	OR	1-03.37 1-03.37	1-05.30 1-01.53	1-08.04 1-02.34	1-10.01 1-01.57	1-10.43 1-00.42	1-12.58 1-02.15	1-14.38 1-01.40	1-16.43 1-02.05	1-16.43 1-04.48	1-21.31 1-02.00	1-23.31 1-02.00	1-27.07 2-03.36	1-30.44 1-03.12	1-33.56 1-01.56	1-35.52 2-01.10	1-37.02 1-02.04	1-39.06 1-01.53	1-40.59 1-01.47	1-42.46 1-01.33	1-43.19 1-00.33	43.19	6.29	Tuomas Oikarinen
2.	Jonne Maunu	Suunta 20	2-03.57 2-03.57	2-06.19 2-02.22	2-13.15 2-06.36	2-15.35 2-00.54	2-16.29 2-00.54	2-22.58 2-00.17	2-22.19 2-00.25	2-24.54 2-00.20	2-30.14 2-00.24	2-32.38 2-00.24	2-35.57 2-03.19	2-42.25 2-00.28	2-46.45 2-04.20	2-48.41 1-01.56	2-49.50 1-01.09	2-52.22 2-00.32	2-54.47 2-00.23	2-56.35 2-01.48	2-57.09 2-00.14	57.09	8.33	Jonne Maunu	

H18 6,68 km

			1. (533 m)	2. (310 m)	3. (420 m)	4. (264 m)	5. (115 m)	6. (359 m)	7. (226 m)	8. (358 m)	9. (649 m)	10. (297 m)	11. (388 m)	12. (500 m)	13. (512 m)	14. (361 m)	15. (207 m)	16. (354 m)	17. (289 m)	18. (290 m)	19. (190 m)	Tulos (min/km)		
1.	Juha Määttä	OR	1-04.00 1-04.00	1-06.11 1-03.00	1-09.11 1-02.11	1-11.22 1-00.47	1-12.09 1-00.47	1-14.29 1-02.20	1-16.13 1-01.44	1-18.47 1-02.34	1-23.45 1-04.58	1-26.03 1-02.18	1-30.34 1-04.31	1-34.06 1-03.32	1-37.18 1-03.12	1-39.27 1-02.09	1-40.50 1-01.23	1-43.20 1-02.30	1-45.25 1-02.05	1-47.27 1-02.02	1-48.04 1-00.37	48.04	7.11	Juha Määttä

H16 5,69 km

			1. (741 m)	2. (347 m)	3. (420 m)	4. (344 m)	5. (177 m)	6. (649 m)	7. (297 m)	8. (453 m)	9. (512 m)	10. (361 m)	11. (207 m)	12. (231 m)	13. (420 m)	14. (282 m)	15. (190 m)	Tulos (min/km)			
1.	Matias Mäijala	LapVe	1-05.03 1-05.03	1-07.37 1-02.34	1-10.11 1-02.34	1-12.26 1-02.15	1-13.29 1-01.03	1-19.00 1-05.31	1-20.46 1-01.46	1-24.29 2-03.43	1-27.15 1-02.46	1-29.12 2-01.37	1-30.23 2-01.11	1-31.41 1-01.18	1-34.37 2-02.36	1-36.29 1-01.52	1-37.00 2-00.31	37.00	6.30	Matias Mäijala	
2.	Eetu Petrelius	OR	2-05.27 2-05.27	2-08.13 2-02.46	2-11.42 2-03.29	2-14.28 2-02.46	2-15.34 2-01.06	2-21.13 2-05.39	2-23.01 2-01.48	2-26.39 1-03.38	2-29.28 2-02.49	2-31.24 1-01.56	2-32.33 1-01.09	2-33.52 2-01.19	2-36.45 1-02.53	2-38.46 2-02.01	2-39.17 2-00.31	39.17	6.54	Eetu Petrelius	
3.	Teemu Holisko	KemiJY	3-06.21 3-06.21	3-09.33 3-03.12	3-14.58 3-05.25	3-18.49 3-03.51	3-20.23 3-01.34	3-26.28 3-06.05	3-29.17 3-02.49	3-33.34 3-05.48	3-39.22 3-03.00	3-42.22 3-03.00	3-44.14 3-01.52	3-46.00 3-01.46	3-49.46 3-03.46	3-53.37 3-03.51	3-54.05 1-00.28	54.05	9.00	Teemu Holisko	

H14 4,18 km

			1. (524 m)	2. (70 m)	3. (279 m)	4. (512 m)	5. (202 m)	6. (170 m)	7. (147 m)	8. (458 m)	9. (185 m)	10. (1006 m)	11. (148 m)	12. (290 m)	13. (190 m)	Tulos (min/km)				
1.	Seweri Oikonen	OR	1-02.48 1-02.48	1-03.16 1-00.28	1-04.53 1-01.37	1-08.12 1-03.19	1-09.49 1-01.33	1-11.23 1-01.38	1-13.01 1-01.38	1-16.11 1-03.10	1-18.01 1-03.50	1-24.19 1-06.18	1-25.46 1-01.27	1-27.44 1-01.58	1-28.18 1-00.34	28.18	6.46	Seweri Oikonen		
	Iipo Holopainen	S=2000	2-02.58 2-02.58	2-03.33 2-00.35	2-07.06 2-03.33	2-12.29 2-05.23	2-16.24 2-03.55						0-58.40	0-59.18		Hyl.		Iipo Holopainen		

H13 4,18 km

			1. (524 m)	2. (70 m)	3. (279 m)	4. (512 m)	5. (202 m)	6. (170 m)	7. (147 m)	8. (458 m)	9. (185 m)	10. (1006 m)	11. (148 m)	12. (290 m)	13. (190 m)	Tulos (min/km)				
1.	Jussi Rantala	OR	1-02.44 1-02.44	1-03.11 2-00.27	1-04.49 2-01.38	1-07.41 1-02.52	1-09.04 1-01.23	1-10.41 1-01.19	1-12.00 1-01.22	1-14.51 1-02.31	1-16.13 1-01.22	1-22.16 1-06.03	1-23.36 2-01.20	1-25.35 1-01.59	1-26.10 1-00.35	26.10	6.15	Jussi Rantala		
2.	Erkki Ikkiläinen	OR	2-00.50 2-00.50	2-03.15 1-00.25	2-04.52 1-01.37	2-08.45 2-03.53	2-10.18 2-01.33	2-15.02 2-03.44	2-19.39 2-01.31	2-26.38 2-03.05	2-31.11 2-01.33	2-34.22 2-06.11	2-35.32 1-01.10	2-37.40 2-00.37	2-38.17 2-00.37	28.17	6.45	Erkki Ikkiläinen		
3.	Matti Salmela	S=2000	4-03.49 4-03.49	4-04.18 4-00.29	4-06.50 4-02.32	3-10.51 3-04.01	3-12.48 3-01.57	3-14.55 3-02.07	3-16.56 3-01.41	3-20.53 3-04.17	3-23.00 3-02.07	3-31.46 3-08.46	3-34.47 4-03.01	3-37.13 3-02.26	3-37.52 4-00.39	37.52	9.03	Matti Salmela		
4.	Bero Verjanheikki	OR	3-03.33 3-03.33	3-04.01 3-00.28	3-06.19 4-04.47	3-11.06 4-04.47	3-13.44 4-02.38	3-16.20 4-02.36	3-18.36 4-02.16	3-23.05 4-02.29	3-25.41 4-02.25	3-31.46 4-12.25	3-34.06 4-02.36	3-39.46 3-01.40	4-42.34 4-02.48	4-43.12 4-02.48	43.12	10.20	Bero Verjanheikki	

H12 3,17 km

			1. (241 m)	2. (285 m)	3. (175 m)	4. (157 m)	5. (579 m)	6. (185 m)	7. (430 m)	8. (290 m)	9. (163 m)	10. (188 m)	11. (290 m)	12. (190 m)	Tulos (min/km)				
1.	Eetu Puiju	OR	1-01.07 1-01.07	1-03.00 1-01.53	1-04.01 1-01.01	1-05.21 1-01.20	1-11.00 4-05.59	1-14.18 4-01.58	1-16.06 1-02.48	1-18.28 1-02.22	1-19.54 1-01.26	1-21.20 1-01.31							

7.	Anni Taulavuori	AlatPi	8-03.03 8-03.03	8-05.51 8-02.48	7-07.34 7-01.43	7-12.35 9-05.01	7-17.54 8-05.19	7-20.41 6-02.47	7-28.04 8-07.23	7-29.57 5-01.53	7-39.01 8-09.04	7-41.31 5-02.30	7-43.54 5-02.23	7-44.35 7-00.41	44.35	11.53	Anni Taulavuori
8.	Anni Oikarinen	S-2000	6-02.29 6-05.03 6-02.29	8-12.29 8-03.40 9-07.26	8-16.09 8-03.40 9-07.26	8-21.47 9-05.38	8-23.56 6-04.59	8-34.14 6-08.17	8-42.31 9-05.19	8-50.49 6-08.17	9-08.18	8-53.12 5-02.23	8-53.54 8-00.42	53.54	14.22	Anni Oikarinen	
9.	Hilja Haasa	AlatPi	9-06.00 9-06.00	9-11.49 9-05.49	9-13.50 8-02.01	9-17.24 7-03.34	9-22.11 7-04.47	9-24.37 5-02.26	9-41.34 9-16.57	9-44.24 8-02.50	9-1.05.39 9-11.15	9-1.08.16 6-02.37	9-1.12.59 9-04.43	9-1.13.31 2-05.32	1.13.31	19.36	Hilja Haasa

D12 2,98 km

			1. (241 m)	2. (290 m)	3. (125 m)	4. (310 m)	5. (456 m)	6. (430 m)	7. (354 m)	8. (105 m)	9. (189 m)	10. (290 m)	11. (190 m)	Tulos (min/km)			
1.	Keve-Liina Ojanaho	OH	1-01.05 1-01.05	2-04.04 4-02.59	2-04.45 1-00.41	2-06.34 1-01.49	1-09.20 1-02.46	1-12.05 2-02.45	1-14.44 1-02.39	1-15.28 2-00.44	1-17.06 2-01.38	1-19.22 3-02.16	1-19.58 4-00.36	19.58	6.42	Keve-Liina Ojanaho	
2.	Anni Salmela	S-2000	3-01.23 3-01.23	1-03.23 1-02.00	1-04.09 3-00.46	1-06.18 3-02.09	2-09.32 5-03.14	2-12.33 3-03.01	2-15.20 3-02.47	2-16.01 3-17.17	2-19.12 8-03.11	2-21.24 2-02.12	2-22.00 4-00.36	22.00	7.22	Anni Salmela	
3.	Sissi Oikkonen	OH	7-02.37 7-02.37	4-05.11 2-02.34	4-06.06 5-00.35	3-08.21 4-02.15	3-11.29 6-03.08	3-14.32 4-02.03	3-17.17 2-02.45	3-18.07 4-00.50	4-21.15 7-03.08	3-23.26 1-02.11	3-23.56 3-00.30	23.56	8.01	Sissi Oikkonen	
4.	Elsa Haasu	S-2000	2-01.22 2-01.22	5-06.05 7-04.43	5-06.48 2-00.43	4-08.39 2-01.51	4-11.34 2-02.55	5-14.58 5-03.24	4-18.14 4-03.16	4-19.14 5-01.00	3-20.50 1-01.36	4-23.41 5-02.51	4-24.16 3-00.35	24.16	8.08	Elsa Haasu	
5.	Emmi Petreilius	OH	8-02.46 8-02.46	5-06.05 5-03.19	6-06.53 4-00.48	6-09.13 5-02.20	5-12.12 3-02.59	4-14.45 1-02.33	5-20.25 6-05.40	5-21.10 3-00.45	5-23.02 3-01.52	5-25.36 4-02.34	5-26.07 2-00.31	26.07	8.45	Emmi Petreilius	
6.	Metsämäria Ojala	OH	5-01.52 5-01.52	3-04.31 3-02.39	3-05.44 7-01.13	5-08.57 7-03.13	6-12.47 6-03.50	6-16.22 6-03.35	6-20.29 5-04.07	6-21.30 6-01.01	6-23.37 4-02.07	6-26.35 6-02.58	6-27.12 6-00.37	27.12	9.07	Metsämäria Ojala	
	Sara Miskanen	S-2000	4-01.33 4-01.33	8-07.38 8-06.05	7-08.43 6-01.05	7-11.44 6-03.01	7-23.55 7-02.11	0-41.46	0-43.24	0-46.12	0-51.17	0-52.00	0-52.00	Hyl.		Sara Miskanen	
	Siina Turininen	S-2000	6-02.17 6-02.17	7-06.16 6-03.59	8-08.44 8-02.28	0-23.30	0-33.47	0-35.21	0-38.13	0-43.14	0-44.00	0-44.00	0-44.00	Hyl.		Siina Turininen	

H10RR 1,71 km

			1. (196 m)	2. (242 m)	3. (183 m)	4. (383 m)	5. (172 m)	6. (348 m)	7. (190 m)	Tulos (min/km)			
1.	Tatu Palokangas	AlatPi	3-01.13 3-01.13	1-03.06 1-01.53	1-04.33 1-01.27	1-07.40 2-03.07	2-09.32 2-01.52	1-14.04 2-04.32	2-14.44 1-00.40	14.44	8.36	Tatu Palokangas	
2.	Elias Mäkitalo	OH	3-02.09 3-02.09	4-04.33 2-01.54	4-05.43 3-01.40	4-09.11 4-03.28	4-11.36 3-02.25	2-14.43 1-03.09	3-15.26 2-00.41	15.26	9.01	Elias Mäkitalo	
3.	Oliva Oikarinen	S-2000	1-01.04 1-01.04	1-03.06 3-02.02	3-04.52 4-01.46	3-07.59 2-03.07	3-10.39 5-02.40	3-15.34 3-04.55	4-16.21 3-00.47	16.21	9.33	Oliva Oikarinen	
4.	Lauri Kuitima	LapVe	4-01.38 4-01.38	5-04.50 5-03.12	5-06.43 5-01.53	5-13.06 5-06.23	5-15.34 4-02.28	4-20.40 4-05.06	5-21.28 4-00.48	21.28	12.33	Lauri Kuitima	
5.	Juuso Korpi	IanRa	1-01.04 1-01.04	3-03.08 4-02.04	2-04.37 2-01.29	2-07.42 1-03.05	1-09.26 1-01.44	1-14.08	24.08	14.06	Juuso Korpi		

D10RR 1,71 km

			1. (196 m)	2. (242 m)	3. (183 m)	4. (383 m)	5. (172 m)	6. (348 m)	7. (190 m)	Tulos (min/km)			
1.	Eevi Haasu	S-2000	2-01.03 2-01.03	1-02.47 1-01.44	1-03.55 1-01.08	1-06.40 1-02.45	1-07.58 1-01.18	1-10.52 1-02.54	1-11.28 1-00.36	11.28	6.42	Eevi Haasu	
2.	Inka Mäenpää	OH	1-00.58 1-00.58	2-03.16 4-02.18	2-04.29 2-01.13	2-07.14 1-02.45	2-08.54 2-01.40	2-12.18 2-03.24	2-13.00 4-00.42	13.00	7.36	Inka Mäenpää	
3.	Siiri Salmela	S-2000	3-01.06 3-01.06	4-03.31 5-02.25	3-04.46 3-01.15	3-08.43 3-03.57	3-10.58 4-02.15	3-15.46 3-04.48	3-16.26 2-00.40	16.26	9.36	Siiri Salmela	
4.	Venla Porrimojärvi	OH	5-01.23 5-01.23	5-03.38 3-02.15	4-05.07 4-01.29	4-09.34 5-04.27	4-11.50 5-02.16	4-16.40 4-04.50	4-17.27 7-00.47	17.27	10.12	Venla Porrimojärvi	
5.	Venla Virkkkala	OH	4-01.18 4-01.18	3-03.29 2-02.11	5-05.44 6-02.15	5-10.02 4-04.18	5-12.15 3-02.13	5-20.07 10-07.52	5-20.51 5-00.44	20.51	12.11	Venla Virkkkala	
6.	Hanna Rantala	OH	10-01.47 10-01.47	8-04.51 8-03.04	7-07.20 8-02.29	7-12.37 7-00.17	6-15.01 6-02.24	6-20.30 5-05.29	6-21.11 3-00.43	21.11	12.23	Hanna Rantala	
7.	Annika Mäijala	OH	9-01.46 9-01.46	6-04.20 6-02.34	6-06.09 5-01.49	6-10.46 6-04.37	7-15.09 10-04.23	7-21.43 8-04.34	7-22.32 8-00.49	22.32	13.10	Annika Mäijala	
8.	Lotta Aikio	LapVe	12-04.30 12-04.30	11-10.26 11-05.56	11-12.54 7-02.28	10-18.54 8-06.00	9-21.52 7-02.58	8-28.13 6-06.21	8-29.13 12-01.00	29.13	17.05	Lotta Aikio	
9.	Ella Vaara	LapVe	8-01.44 8-01.44	7-04.47 7-03.03	8-07.57 10-03.10	8-14.54 10-06.57	8-19.33 11-04.39	9-30.34 11-11.01	9-31.24 10-00.50	31.24	16.21	Ella Vaara	
10.	Rosmarini Ojala	OH	7-01.37 7-01.37	10-05.22 10-03.45	9-08.21 9-02.59	11-20.42 12-02.21	11-24.56 9-04.14	10-31.18 3-04.22	10-32.04 6-00.46	32.04	16.45	Rosmarini Ojala	
11.	Kaisa Kuitima	LapVe	6-01.35 6-01.35	9-05.13 9-03.38	10-08.23 10-03.10	9-18.12 11-09.49	10-23.27 12-05.15	11-34.36 12-11.09	11-35.25 8-00.49	35.25	20.42	Kaisa Kuitima	
12.	Ella Tarsa	LapVe	11-01.48 11-01.48	12-19.02 12-17.14	12-22.21 9-06.10	12-28.31 9-06.10	12-31.59 8-03.28	12-39.24 9-07.25	12-40.16 11-00.52	40.16	23.32	Ella Tarsa	

H12TR 1,73 km

			1. (158 m)	2. (202 m)	3. (174 m)	4. (194 m)	5. (245 m)	6. (350 m)	7. (223 m)	8. (190 m)	Tulos (min/km)			
1.	Elias Tolvanen	AlatPi	1-00.39 1-00.39	1-02.01 1-01.22	1-03.26 1-01.25	1-06.43 1-01.17	1-07.02 1-02.18	1-10.42 1-02.18	1-10.21 3-05.40	1-16.01 1-02.39	16.01	9.15	Elias Tolvanen	
2.	Ahti Vrkjanheikki	OH	2-00.59 2-00.59	3-03.43 4-02.44	2-06.46 2-03.03	3-09.24 3-02.38	3-13.46 3-04.22	3-21.50 3-08.04	2-28.28 3-06.38	2-29.03 1-00.35	29.03	16.47	Ahti Vrkjanheikki	
3.	Arttu Mäijala	OH	3-01.01 3-01.01	2-03.25 2-02.24	3-06.50 3-03.25	2-08.38 2-01.48	2-12.21 2-03.43	2-20.03 2-07.42	3-28.44 4-08.41	3-29.35 4-00.51	29.35	17.06	Arttu Mäijala	
4.	Rasmus Piakkonen	OH	4-01.38 4-01.38	4-04.04 3-02.26	4-08.23 4-04.19	4-11.22 4-02.59	4-19.32 4-08.10	4-30.51 4-13.19	4-36.13 2-05.22	4-37.02 3-00.49	37.02	21.24	Rasmus Piakkonen	

D12TR 1,73 km

			1. (158 m)	2. (202 m)	3. (174 m)	4. (194 m)	5. (245 m)	6. (350 m)	7. (223 m)	8. (190 m)	Tulos (min/km)			
1.	Iina Vaara	LapVe	1-03.23 1-03.23	1-05.43 1-04.04	1-09.47 1-04.04	1-11.27 1-01.40	1-15.13 1-03.46	1-22.35 1-07.22	1-27.19 1-04.44	1-27.58	16.09	Iina Vaara		